



# INTERNATIONAL CONFERENCE ON HOLISTIC HORIZONS IN SPORTS SCIENCES AND INNOVATIVE RESEARCH (ICHH-SSIR 2026)

*Organized by*  
**RESEARCH DEPARTMENT OF BPE**



**CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA, KERALA, INDIA**

*In Association With*  
**THE KERALA STATE HIGHER EDUCATION COUNCIL**



## CALL FOR RESEARCH PAPERS

**22<sup>nd</sup> & 23<sup>rd</sup> January 2026**



**Christ College Auditorium**

**REGISTER NOW**



# INTERNATIONAL CONFERENCE ON HOLISTIC HORIZONS IN SPORTS SCIENCES AND INNOVATIVE RESEARCH (ICHH-SSIR 2026)

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(Rtd. Associate Professor)

## ABOUT THE CONFERENCE

The International Conference on Holistic Horizons in Sport Sciences & Innovative Research (ICHH-SSIR 2026), the very first of its kind organized by Christ college, will be held on 22–23 January 2026. Covering themes in Physical Education & Sports Science, Yoga & Holistic Health, AI & Technology in Sports, Inclusive & Adapted Sports, and Sports Nutrition, it will unite global experts to share knowledge, foster innovation, and shape the future of sports and human performance.

## ABOUT THE INSTITUTE

Christ College (Autonomous), Irinjalakuda, established in 1956 by the Devamatha Province of the Carmelites of Mary Immaculate (CMI)—an indigenous religious congregation founded in 1831 by Saint Cyriac Elias—is a pioneer minority institution dedicated to its motto “Jeevitha Prabha” (“Light of Life”). Affiliated to the University of Calicut, the college was conferred Autonomous Status by the UGC in 2015, re-accredited by NAAC with an ‘A++’ grade and accredited by SAAC with an ‘A+’ grade in 2022 and ranked 87<sup>th</sup> in NIRF Ranking 2025. Rooted in the rich CMI educational tradition, it carries the mission of moulding intellectually competent citizens committed to society by developing individual potential through quality higher education, holistic development, and moral value inculcation.

## ABOUT THE DEPARTMENT

Established in 1990 with a UGC-recognized B.Sc. in Physical Education, the Department was restructured as B.P.E. in 1995 under the Government of Kerala and later upgraded to a four-year integrated B.P.E.S. program in 2023 as per the directions of the University of Calicut. It has consistently produced Physical Education teachers, sports professionals, and athletes who have excelled at various levels, contributing significantly to sports and education. With the launch of the M.P.E.S. program in 2024 and recognition as a Research Centre under the University of Calicut in 2025, the Department continues to thrive as a hub of academic and athletic excellence.

# INTERNATIONAL CONFERENCE ON HOLISTIC HORIZONS IN SPORTS SCIENCES AND INNOVATIVE RESEARCH (ICHH-SSIR 2026)

## ADVISORY COMMITTEE

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University of Niš, Serbia.

Prof. Prusik Katerina  
University of Physical Education and Sport in Gdańsk, Poland.

Prof. Prusik Krzitof  
University of Physical Education and Sport in Gdańsk, Poland.

Dr. Bekir Erhan Orhan  
İstanbul Aydin University, Türkiye.

Dr. Mert Kurnaz  
Haliç University, Türkiye.

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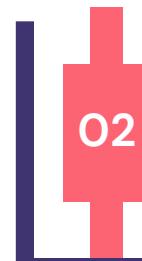
Dr. Zsolt Németh  
University of Pécs, Hungary.

Yallini Selva  
National Sports Institute of Malaysia, Malaysia.

## RESEARCH TRACK



**Physical Education & Sports Science**  
Sports training, Sports psychology & Sports management



**Yoga & Holistic Health**  
Yoga for fitness, Mental well-being, Healthy Lifestyle



**AI & Technology in Sports**  
AI in Sports, Performance analysis, and Sports Engineering



**Inclusive & Adapted Sports**  
Para-sports, Inclusive Physical Education and Teaching Strategies.



**Sports Nutrition**  
Athlete diet, Nutrition & supplements, Women athletes.



# INTERNATIONAL CONFERENCE ON HOLISTIC HORIZONS IN SPORTS SCIENCES AND INNOVATIVE RESEARCH (ICHH-SSIR 2026)

## KEYNOTE SPEAKERS

10:30 AM

22<sup>nd</sup> January 2026



Dr. Anil Ramachandran  
Professor of Physical Education  
School of Physical Education and Sports  
Sciences, Kannur University

03:00 PM



Dr. Rakesh Tomar  
Faculty, Department of Physical  
Education, King Fahd University of  
Petroleum & Minerals, Saudi Arabia

10:30 AM

23<sup>rd</sup> January 2026



Dr. Soni John T  
Sports Psychologist of Indian Archery Team  
Retd. Professor & HoD of BPE

## EXPERTS FOR PANEL DISCUSSION

Physical Education Curriculum, Research and Careers: Past, Present & Future



Dr. Sakeer Hussain V.P.  
Director, Department of Physical  
Education, University of Calicut



Prof. Dr. Leons Wilfred Vaz  
Retd. Professor & Dean of Faculty,  
Physical Education LNIPE Gwalior



Dr. Pradeep C S  
Add. Director, Sports & Youth Affairs  
Government of Kerala

23<sup>rd</sup> January 2026 - 03:00 PM



Dr. Vivekanandhan T  
Retd. Dean & Associate Professor  
Coordinator of self-financing  
Christ College Irinjalakuda



Dr. Aravinda B P  
Retd. Associate Professor & HoD  
Former Gymnastics Coach  
University of Calicut

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## ORGANIZING COMMITTEE

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Dr. Anil Kumar N

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Dr. Abhaydev C S

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### EXECUTIVE MEMBERS



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Assistant Professor  
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Assistant Professor  
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Assistant Professor  
Mr. Akhil Thomas



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Assistant Professor  
Dr. Sarath S



Assistant Professor  
Mr. Rejesh Prasad K P

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## **DETAILS OF REGISTRATION**

<b>Important Dates</b>	
Early Bird Deadline	15 January 2026
Full Paper Submission Deadline	15 January 2026
Registration Deadline	15 January 2026

### **Links**

Registration Link:  <https://forms.gle/L2MaugG4VX91HVvE6>

Full Paper Submission Link:  <https://forms.gle/hGRS73xLgFZ4i4ta8>



### **QR Codes**

**SCAN HERE**



For Registration

**SCAN HERE**



For Full Paper Submission

**SCAN HERE**



For Payments



### **Bank Details**

Name: Principal Christ College Irinjalakuda  
 Account No.: 50230001335649  
 IFSC: ESMF0001122  
 Bank: ESAF



### **Publication Partners**

- Health, sport, rehabilitation (Scopus – Q2) - 
- Health Technologies (Peer Reviewed) - 
- Therapy & Rehabilitation (Peer Reviewed) - 
- Conference Book proceedings with ISBN

<b>Category</b>	<b>Early Bird Fee</b>	<b>Late Fee</b>
UG Students	₹700	₹1000
PG Students	₹1000	₹1300
Research Scholars	₹1300	₹1500
Professionals/ Postdoc	₹1500	₹1800
International Delegates	\$25	\$35



### **Fees Details**

## INTERNATIONAL CONFERENCE ON HOLISTIC HORIZONS IN SPORTS SCIENCES AND INNOVATIVE RESEARCH (ICHH-SSIR 2026)

### SUBMISSION GUIDELINES

- The manuscript must be original, created by the author(s), and not previously published or submitted to any conference or journal.
- Use Times New Roman, 12-point font, 1.5 line spacing, and 1-inch margins. Headings and subheadings should be in bold.
- The abstract should be one paragraph of up to 300 words, including background and purpose, materials and methods, results, and conclusions, followed by 3–5 keywords.
- The manuscript should be no more than 3000 words and a maximum of 10 pages, including all sections, tables, figures, and references.
- The full manuscript should include:
  1. Title Page – Title, author names, institutional affiliations, and email of the corresponding author.
  2. Introduction – Background, literature review, aim of the study.
  3. Material and Methods – Participants, procedures, and statistical analysis.
  4. Results – Main findings without repeating tables/figures.
  5. Discussion – Interpretation, comparison with other studies, and limitations.
  6. Conclusions – Linked to objectives, with recommendations if any.
  7. Acknowledgements – If applicable.
  8. Conflict of Interest – If applicable.
  9. References – At least 20 references in number citation format (e.g., [1], [2], following APA style, with DOI where available.
- A maximum of five (5) authors is allowed per manuscript.
- Plagiarism must be 10% or below, excluding references.
- The manuscript must be in Microsoft Word (doc) format only; PDFs or other formats will not be accepted.
- Authors must submit a signed Copyright and Author Agreement Form along with the manuscript.

## INTERNATIONAL CONFERENCE ON HOLISTIC HORIZONS IN SPORTS SCIENCES AND INNOVATIVE RESEARCH (ICHH-SSIR 2026)

### ACCOMMODATION

Accommodation will be provided for outstation participants upon prior request on payment basis.

Book early to secure your stay, as allotment will be on a first-come, first-served basis.

Details regarding stay arrangements will be communicated after registration.

Lunch and refreshments will be arranged for all participants on the event day.

**NB: For queries regarding accommodation:- Dr. Anoop Sebastain - (+91 8078000320)**

**Venus In Ventures.**

📞 +91 7736094007, +91 7736494007

**Akkara Tourist Home.**

📞 +91 8111837430, 0480 2961633

**She Lodge (Ladies Only)**

📞 +91 9847411113, 8075825022

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 **CONTACT US**

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