

INTERNATIONAL CONFERENCE ON HOLISTIC HORIZONS IN SPORTS SCIENCES AND INNOVATIVE RESEARCH (ICHH-SSIR 2026)

Organized by

RESEARCH DEPARTMENT OF BPE



CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA, KERALA, INDIA

In Association With

THE KERALA STATE HIGHER EDUCATION COUNCIL



CALL FOR RESEARCH PAPERS

 **22nd & 23rd January 2026**



Christ College Auditorium

REGISTER NOW



INTERNATIONAL CONFERENCE ON HOLISTIC HORIZONS IN SPORTS SCIENCES AND INNOVATIVE RESEARCH (ICHH-SSIR 2026)

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ABOUT THE CONFERENCE

The International Conference on Holistic Horizons in Sport Sciences & Innovative Research (ICHH-SSIR 2026), the very first of its kind organized by Christ college, will be held on 22–23 January 2026. Covering themes in Physical Education & Sports Science, Yoga & Holistic Health, AI & Technology in Sports, Inclusive & Adapted Sports, and Sports Nutrition, it will unite global experts to share knowledge, foster innovation, and shape the future of sports and human performance.

ABOUT THE INSTITUTE

Christ College (Autonomous), Irinjalakuda, established in 1956 by the Devamatha Province of the Carmelites of Mary Immaculate (CMI)—an indigenous religious congregation founded in 1831 by Saint Cyriac Elias—is a pioneer minority institution dedicated to its motto “Jeevitha Prabha” (“Light of Life”). Affiliated to the University of Calicut, the college was conferred Autonomous Status by the UGC in 2015, re-accredited by NAAC with an ‘A++’ grade and accredited by SAAC with an ‘A+’ grade in 2022 and ranked 87th in NIRF Ranking 2025. Rooted in the rich CMI educational tradition, it carries the mission of moulding intellectually competent citizens committed to society by developing individual potential through quality higher education, holistic development, and moral value inculcation.

ABOUT THE DEPARTMENT

Established in 1990 with a UGC-recognized B.Sc. in Physical Education, the Department was restructured as B.P.E. in 1995 under the Government of Kerala and later upgraded to a four-year integrated B.P.E.S. program in 2023 as per the directions of the University of Calicut. It has consistently produced Physical Education teachers, sports professionals, and athletes who have excelled at various levels, contributing significantly to sports and education. With the launch of the M.P.E.S. program in 2024 and recognition as a Research Centre under the University of Calicut in 2025, the Department continues to thrive as a hub of academic and athletic excellence.

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University of Physical Education and Sport in Gdańsk,
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Haliç University, Türkiye.

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University of Alicante, Spain

Dr. Zsolt Németh
University of Pécs, Hungary.

Yallini Selva
National Sports Institute of Malaysia, Malaysia.

RESEARCH TRACK

01

Physical Education & Sports Science

Sports training, Sports
psychology & Sports
management



02

Yoga & Holistic Health

Yoga for fitness, Mental
well-being, Healthy
Lifestyle



03

AI & Technology in Sports

AI in Sports, Performance
analysis, and Sports
Engineering



04

Inclusive & Adapted Sports

Para-sports, Inclusive
Physical Education and
Teaching Strategies.



05

Sports Nutrition

Athlete diet, Nutrition &
supplements, Women
athletes.



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KEYNOTE SPEAKERS

10:30 AM



Dr. Anil Ramachandran
Professor of Physical Education
School of Physical Education and Sports
Sciences, Kannur University

03:00 PM



Dr. Rakesh Tomar
Faculty, Department of Physical
Education, King Fahd University of
Petroleum & Minerals, Saudi Arabia

22nd January 2026

10:30 AM



Dr. Soni John T
Sports Psychologist of Indian Archery Team
Retd. Professor & HoD of BPE

23rd January 2026

EXPERTS FOR PANEL DISCUSSION

Physical Education Curriculum, Research and Careers: Past, Present & Future



Dr. Sakeer Hussain V.P.
Director, Department of Physical
Education, University of Calicut



Prof. Dr. Leons Wilfred Vaz
Retd. Professor & Dean of Faculty,
Physical Education LNIPE Gwalior



Dr. Pradeep C S
Add. Director, Sports & Youth Affairs
Government of Kerala

23rd January 2026 - 03:00 PM



Dr. Vivekanandhan T
Retd. Dean & Associate Professor
Coordinator of self-financing
Christ College Irinjalakuda



Dr. Aravinda B P
Retd. Associate Professor & HoD
Former Gymnastics Coach
University of Calicut

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Assistant Professor
Mr. Rejesh Prasad K P


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DETAILS OF REGISTRATION

Important Dates	
Early Bird Deadline	15 January 2026
Full Paper Submission Deadline	15 January 2026
Registration Deadline	15 January 2026

Links

Registration Link:  <https://forms.gle/L2MaugG4VX91HVvE6>

Full Paper Submission Link:  <https://forms.gle/hGRS73xLgFZ4i4ta8>

QR Codes

SCAN HERE



For Registration

SCAN HERE



For Full Paper Submission

SCAN HERE






For Payments

Bank Details

Name: Principal Christ College Irinjalakuda
Account No.: 50230001335649
IFSC: ESMF0001122
Bank: ESAF

Publication Partners

- Health, sport, rehabilitation (Scopus – Q2) - 
- Health Technologies (Peer Reviewed) - 
- Therapy & Rehabilitation (Peer Reviewed) - 
- Conference Book proceedings with ISBN

Category	Early Bird Fee	Late Fee
UG Students	₹700	₹1000
PG Students	₹1000	₹1300
Research Scholars	₹1300	₹1500
Professionals/ Postdoc	₹1500	₹1800
International Delegates	\$25	\$35

Fees Details

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SUBMISSION GUIDELINES

- The manuscript must be original, created by the author(s), and not previously published or submitted to any conference or journal.
- Use Times New Roman, 12-point font, 1.5 line spacing, and 1-inch margins. Headings and subheadings should be in bold.
- The abstract should be one paragraph of up to 300 words, including background and purpose, materials and methods, results, and conclusions, followed by 3–5 keywords.
- The manuscript should be no more than 3000 words and a maximum of 10 pages, including all sections, tables, figures, and references.
- The full manuscript should include:
 1. Title Page – Title, author names, institutional affiliations, and email of the corresponding author.
 2. Introduction – Background, literature review, aim of the study.
 3. Material and Methods – Participants, procedures, and statistical analysis.
 4. Results – Main findings without repeating tables/figures.
 5. Discussion – Interpretation, comparison with other studies, and limitations.
 6. Conclusions – Linked to objectives, with recommendations if any.
 7. Acknowledgements – If applicable.
 8. Conflict of Interest – If applicable.
 9. References – At least 20 references in number citation format (e.g., [1], [2], following APA style, with DOI where available.
- A maximum of five (5) authors is allowed per manuscript.
- Plagiarism must be 10% or below, excluding references.
- The manuscript must be in Microsoft Word (doc) format only; PDFs or other formats will not be accepted.
- Authors must submit a signed Copyright and Author Agreement Form along with the manuscript.

SELECTED PAPERS WILL BE PUBLISHED IN PRESCRIBED JOURNALS & CONFERENCE PROCEEDINGS

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ACCOMMODATION

Accommodation will be provided for outstation participants upon prior request on payment basis.

Book early to secure your stay, as allotment will be on a first-come, first-served basis.

Details regarding stay arrangements will be communicated after registration.

Lunch and refreshments will be arranged for all participants on the event day.

NB: For queries regarding accommodation:- Dr. Anoop Sebastain - (+91 8078000320)

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☎ +91 7736094007, +91 7736494007

Akkara Tourist Home.

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